

How to restrict apps and media on iPhone and iPad



To restrict apps and media on iOS devices, use Restrictions in Settings.

Go to **Settings** → **General** → **Restrictions** and type your restriction passcode.

If you haven't used Restrictions before, tap **Enable Restrictions** and create a passcode that you'll need to adjust these settings in the future. It's wise to pick a passcode that's different from the one for unlocking the device.

You should now see the listed apps and features that are allowed on your device.

What we're interested in are the sliders underneath the **Allowed Content** heading.

For each option such as movies, music and apps you can set a restricted option around sexual content and age appropriate material.

In regard to **Apps** you can select the rating you want to allow app downloads for.

You can set age ratings for apps between 4+, 9+, 12+ and 17+ years of age.